Various Causes for this Common Affliction Anemia or Bloodlessness a

Very Common Cause Pepto-Mangan Overcomes Anemia and Tends to Prevent Headaches

readache it is usually due to some transient or passing cause such as indigestion, eyestrain, overtiredness, etc. When, however, one suffers from frequent periodic headaches there is al-ways some special reason for it. Among the most common of such reasons is Anemia or Bloodlessness. This conditon is especially frequent among girls and young women and those whose occupations or habits of life keep them too much in-The one important ne doors. The one important he-cessity in such cases is to build up the quantity and quality of the weak and watery blood. Gude's Pepto-Mangan is excep-tionally valuable for this pur-It increases the number and improves the quality of the red blood cells, those vital little bodies which carry nutrition to all parts of the body. It im-proves the appetite, imparts color to the face, and restores health and strength to the body generally. After a short course of Pepto-Mangan the headaches decrease in frequency and se-verity, and finally disappear, if they are due to Anemia. Pepto-Mangan may be had either in liquid or tablet form, as pre-ferred. When buying Peptobe sure "Gude's" is on the package. Without "Gude's" it is not Pepto-Mangan.—Advertisement.



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TOWARD REDS NOT HELPFUL TO PEACE

Tendency to Sidetrack Issue Is Against Policies of Democracy.

actua, situation in the National Capital that the latest developments in the Russian "mess" have failed to excite even passing attention. So far as the official world is concerned, there is intense and almost feverish activity in the prosecution of "reds". activity in the prosecution of "reds" of all shades, in the gathering up and re-export of all varieties of agents of the Ru sian anarchy, but not the smallest concern with any policy designed to deal with the source of the contamination.

even with outside aid the opponents of the bolshevists have been unable to make headway even to continue the struggle. Kolchak, Denikine and Yudenitch have been beaten, the Baltic provinces are at the end of their resources and discussing peace with the boishevists, who are steadily talking

in higher tones. In sum, the west has given up the fight; it has quit its fight against bolshevism at the head-quarters of bolshevism.

Several weeks ago I pointed out that the course now adopted was inevitable. For a year it has been impossible for governments which rightly recognized the bolshevist menace to their own countries to make war. to their own countries to make war, because their own armies would not fight and their own people were unwilling to wage any war further, but the forecast I then made has been realized more suddenly and completerealized more suddenly and completely than seemed possible at that time.
Of course, Lloyd George took care
to say that his government would not
make peace with the bolshevists or
recognize any Russian government in
advance of the holding of a national
assembly. But this is merely throwing dust in the eyes of the thoughtless. One might with the same courage refuse to recognize the sun or the
moon, to admit the existence of any
other solid fact.

other solid fact.

Can Hardly Hope to Keep Field.

With outside aid withdrawn, the Russian anti-bolshevists, already defeated, can hardly hope to keep the field or continue the struggle. The disintegration of their armies must follow swiftly, and this accomplished, in what direction will the bolshevists turn? We all know that in Russia today military conditions have returned to the time of the thirty years' war and the army of the defeated invariably re-enlists under the colors of the victor. Actually the munitions, the equipment, all that the western powers have contributed to the fight against the bolshevists will now be used wherever the bolshevists choose, just as the Germans used Russian ma-

against the allies in France, after their victories in the east.

And the next objective of the bolshevists must be the border states, must be the lands of the Poles, the Rumanians, the Lithuanians and the races of

ians, the Lithuanians and the races of the Baltic shores. They have sufficient warrant for such a course in the double fact that much of the territory of these states was recently Russian and under the impulsion of the western nations these races and tribes have been fighting against the bolshevists for several years.

In reality the fight against the Russian revolution has broken down just as did the fight against the French revolution. We are abandoning Russial exactly as Europe abandone France. The controlling idea of the continent in all of its truces with the French revolution was to obtain peace, but the dominant fact is that none of these truces obtained peace, while each of them actually strengthened the revolution and added new fuel to the fires which burned within the nation and from time to time swept over all Europe.

tion and from time to time swept over all Europe.

Sending home a few miserable agents of Lenin and his ideas and at the same time resigning almost a quarter of the surface of the earth and some 150,000,000 of people to the undisputed control of the bolshevist is a fair sample of impolicy of the governments of the hour.

We have announced our readiness to make peace with bolshevism, which is in itself a state of war against what we regarded as orderly and democratic government. But will bolshevism, except for purposes of turning to advantage a temporary truce, make peace with us, whom its leaders now regard as already half conquered? Obviously not. So far the program announced by Trotsky at Brest Litovsk just two years ago has had amazing success. The German conquerors, who imposed destructive terms upon the reds at Brest, have disappeared, but Trotsky remains and bolshevist control of Russia has expanded enormously.

What Lloyd George's utterance means is that western democracy has

Russia has expanded enormously.

What Lloyd George's utterance means is that western demotracy has lost its first battle with eastern anarchy. Napoleon said that Europe would be all republican or all Cossack within a century, it is now half bolshevist. America could not endure half slave and half free; can Europe permanently continue half democratic and half red? This is the problem now and it ought to be reasonably clear that giving up the fight in Russia does not mean peace, but a new stage in the struggle between two totally different orders of ideas, the

stage in the struggle between two
totally different orders of ideas, the
western and the eastern, those of
representative democracy and of autocratic communism.

Once more in this dreary year we
have adopted a policy, advertised to
bring peace and certain to lead
straight to new wars, to a struggle
which may easily prove far more terwhich may easily prove far more terrible and costly than the world war now ending by degrees and in localities.

(Copyright, 1919, McClure Newspaper Syndicate. BILL ALLOWS SALE OF BEER.

Preamble of New Jersey Measure Repudiates 18th Amendment.

Repudiates 18th Amendment.

NEW BRUNSWICK, N. J.. December 29.—The preamble of the bill authorizing the sale of beer and light wines in New Jersey was made public here last night by State Senator Thomas Brown, who will introduce the measure at the next session of the state legislature. Senator Brown said that the bill itself is not yet ready for publication.

The preamble sets forth that the state of New Jersey has not ratified the eighteenth amendment, doubts that it was passed in a constitutional manner and intends to disregard the Volstead act and pass an enforcement bill which will be supreme within the limits of the state. Senator Brown said that the theory upon which Gov.—Elect Edwards and his supporters are working is that the eighteenth amendment gives equal power to Congress and the states in the enforcement of prohibition, and that the congressional enactment applies only where there is no state law in effect. here there is no state law in effect

TO PUNISH LYNCHERS

Power of State in Powell Green Case.

RALEIGH. N. C., December 29 (by the Associated Press).—The whole power of the state will be exerted to apprehend the lynchers of Powell Green, in Franklinton, Saturday night, declared Gov. Bickett last night. The lynching took place in Gov. Bickett's home county and is the second within the year in that county.

Gov. Bickett announced today he would offer a reward of \$400 for each man apprehended and convicted of participation in the lynching, this being the limit allowed by law.

A coroner's jury examined six witnesses, but failed to implicate any one in the lynching. It developed, however, that the chief of police of Franklinton was holding the negro when he shot R. M. Brown, the white man whose murder led to the lynching. The jury will continue its inquest Tuesday.

Says State Is Hamilinted.

Member of So

The irregular motion of the planet Neptunie, which has suggested to astronomers the possibility of an ultra-Neptunian planet, is now the subject of interesting astronomical discussion and renewed effort to locate this possible new member of the solar system.

Prof. Haroid Jacoby of Columbia University says that astronomers of the country will attempt to locate and photograph the new celestial body between tomorrow and January 31. "when conditions are most favorable to the discovery."

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of the Russian anarchy, but not the smallest concern with any policy designed to deal with the gource of the contamination.

Nor is it less striking that a sensational change in allied policy with respect of Russia, such as Loyd George has just made in the house of commons, passes well nigh unnoticed. In substance, the British prime minister has announced that the nations who together framed they various peace settlements in Paris have washed their hands of the factory of the committed was an atroclous stan affair, they have designed the committed was an atroclous of the law are in the hands of white the Principal allies—Britain, France and the United States—have expended several billions of order in Russia against bolshevist to fight it out.

West Has Given Up Fight.

This con only mean one thing since of the dead with the gource of the small plants of the law are in the hands of white means that after the principal allies—Britain, France and the United States—have expended the law are in the hands of white the elements of order in Russia against bolshevists to fight it out.

West Has Given Up Fight.

This can only mean one thing since of the dead with the planetary system.

Says State is Hamillated.

The whole state is shocked and humiliated by this horrible outrage of the governor—"Such deeds put to open shame our formous passes well night unnotated that the governor—"Such deeds put to open shame our formous passes well night unnotated that the formous passes well night unnotated by this horrible outrage of the planetary system.

Says State is Hamillated.

The puble state is shocked and humiliated by this horrible outrage of the governor—"Such deeds put to open shame our formous passes well night make give passes of the planetary of the earth. This red distributions of oil companies, which is about its red distribution of the strucking the allowed provocation one of the law into its several billions of dollars and not a few lives in a vain effort to support the principal allies—Britain, Prance and the United

who did this negro to death gave way to the same barbarous and brutish passions that made the negro shoot down his victim without cause "The members of that mob crucified the elementary principles of justice for which white men have fought and bled and died through a thousand years. They have assaulted the very citadel of our civilization and all the power of the state will be exerted to apprehend them and make them suffer the full penalty of the law."

\$300,000 WILL AID POLES.

Countrymen in America to Send Clothing and Food.

NEW YORK, December 29.—Clothing, shoes and foodstuffs valued at \$300,000 will be sent to Poland this week, by the Poles of this country, Charles W. Rainke, president of the American Association for the Relief of Polish War Sufferers, as announced berg.

According to Mr. Rainke more than \$1,000,000 worth of material already has been shipped abroad through this

WORLD'S ATTITUDE GOVERNOR INVOKES LAW NEW PLANET BEYOND NEPTUNE MAY BE REVEALED IN JANUARY

Astronomers Will Start Tomorrow on Hunt for Supposed Farthermost Member of Solar System.

The irregular motion of the planet
Neptune, which has suggested to astronomers the possibility of an ultraNeptunian planet, is now the subject of interesting astronomical discussion and renewed effort to locate this possible new member of the solar system.

Prof. Haroid Jacoby of Columbia University says that astronomers of the country will attempt to locate and photograph the new celestial body between tomorrow and January 31. "When conditions are most favorable to the discovery."

The planet Neptune, which rotates in infinite space far beyond the limits of human sight, was discovered in space for the planet sill more remote, even though that planet be so distant that it eludes all telescopic research. It is hoped by scientists that some American astronomers may be as fortunate in 1920 in locating the new locating the new locating the new locating the new locating the limits of human sight, was discovered in

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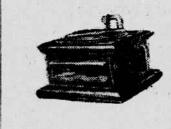
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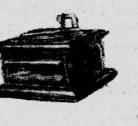
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HIGH WATERS IN FRANCE AT THREATENING STAGE

Rivers Swollen by Rains and Melting Snows Threaten Disaster

PARIS, December 29 (Havas).—
Rivers throughout France, swollen by continued rain, threaten disaster to many sections. Navigation of the Seine is already difficult and if the inundation continues traffic will be forced to stop.

The seriousness of the situation, says the Matin, cannot be accurately measured and will depend upon the eventual meeting of the floods from the Marne and the Seine. In eastern stopped in many miles above and below that point, are inundated by the Rhine PARIS, December 29 (Havas) .-

pecially the Merthe, which is out In Belgium the situation has bee

made worse by a new rise of the Sambre and the Meuse. German ad-vices state that tributaries of the Rhine are still rising. BERLIN, December 27.-Lewlands near Mannheim, where the Neckar river flows into the Rhine, and for many miles above and below that

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